

What's New for 2024

We've got exciting changes planned that will help groups and their employees enjoy even better health and wellbeing in 2024.

*Let's take a look at what's in store.**



FOR ALL GROUPS:

Vitalize^{SM1}

Introducing Vitalize, a digital homebase dedicated to engaging teams in health and wellbeing. Our partnership with Virgin Pulse will give employees the tools to make small everyday changes to their wellbeing that are focused on the area they want to improve the most. They'll build healthy habits, have fun with friends, and experience the lifelong rewards of better health and wellbeing.

For **Large Group**, Vitalize will be embedded in all Fully Insured plans and available as a buy-up for Self-Funded and Minimum Premium plans. Based on the experience and incentives that groups are looking to offer, we have several different reward options available.

For **Small Group**, Vitalize will be embedded in all plans, offering rewards of up to \$200 per subscriber and \$200 per spouse, or domestic partner, for a total rewards payout of up to \$400 per plan year.

Virtual Physical Therapy & MSK²

Members receive virtual access to a holistic team of specialty medical doctors, physical therapists, health coaches, and nutritionists. Virtual physical therapy visits will be covered in full (subject to deductible, where applicable), and included as a telemedicine service.

REACH Kidney Care

Our Care Management team is partnering with REACH Kidney Care, a kidney health management program designed to benefit members along the continuum of kidney disease, specifically targeting members with Stage 4 & 5 chronic kidney disease (CKD). At no cost to members, REACH will provide one-on-one, individualized care management, both in-person and virtually, to help members navigate their health in a way that best fits their life.



FOR LARGE GROUPS:

Access to Headspace for Meditation, Sleep & Stress

Our partnership with Virgin Pulse provides for curated access to Headspace, as a Certified Partner. With this, current members will transition to Headspace from Calm. Headspace is a leading, digital mindfulness-based mental health app that helps members take care of their minds. The Headspace app includes hundreds of exercises and meditations for stress relief, focus, productivity, and sleep. Mix-and-match rewards and curated content available through our Certified Partners with the needs of your employees.

Dental Preferred Packaging

To help make selecting the right plan easier, we've created four preferred package options – a great place to start if you're brand new to dental or need help navigating through some of our popular levels of coverage. The new packages vary in coverage, with options focused on preventive care to more comprehensive coverage featuring orthodontia, and generous annual maximums.

Wellness Your Way

Beginning in 2024, there will be an additional rewardable payout option of \$200 per contract, or \$100 per subscriber, and \$100 per spouse or domestic partner, to be used on programs and services to help keep you and your family healthy. We've also added new eligibility criteria to make this program even more exciting for families.



FOR SMALL GROUPS:

\$0 Outpatient Mental & Behavioral Health Care

We're committed to lowering the total cost and other barriers to care for our members. Beginning in 2024, outpatient mental and behavioral health services, including substance use support, will now be covered in full. This applies to all Non-Standard plans that have a PCP copay for these services (subject to deductible, where applicable).

\$0 Pediatric Primary Care Visits

Sick visits, generally considered non-preventive care visits to a primary care physician, will now be covered in full, for members up to age 19. This applies to all Non-Standard plans (subject to deductible, where applicable), with the exception of Univera Clear Options Gold.



Talk to your account manager for more information on 2024 Open Enrollment.

* Subject to DFS approval
Virgin Pulse is a separate company and offers a digital wellbeing service on behalf of Univera Healthcare.
1 Subject to final contract terms
2 Pending final contract between the parties.