

What's New for 2023



We've got exciting changes planned that will help groups and their employees enjoy even better health and wellbeing in 2023. Let's take a look at what's in store.*

For All Groups:



Univera Healthy Baby Connection

Univera Healthy Baby Connection is a comprehensive case management program offered to pregnant women and their children. Embracing a proactive outreach strategy, our Care Management team will provide support to members as they navigate the health care system, with a focus on early intervention, prenatal education, and personalized support before, during and after pregnancy.



Acupuncture at PCP Cost Share

Introducing a lower PCP cost share option that will help make acupuncture care more accessible and affordable. For Small Groups, acupuncture visits will now be covered at the PCP cost share, or coinsurance, limited to 10 visits per year (subject to deductible, where applicable). Previously not covered for Small Group, this update applies to all Non-Standard plans. For Large Groups, an additional cost share option of PCP copay will now be available across our Signature Suite of plans (subject to deductible, where applicable).



Talk to your account manager for more information on 2023 Open Enrollment.

* Subject to DFS approval



In Addition, for Small Groups:

Calm®

Introduced to Large Groups last year, in 2023 the Calm app will be offered to all Small Group plans. This digital resource helps members to manage stress and support better emotional wellbeing. All participating plans will include a 12-month premium subscription.

Therapy Coverage at PCP Cost Share

The in-network benefit for therapy care will now be a PCP cost share, lowering the total cost of care, eliminating barriers, and making it more accessible. This applies to all Non-Standard plans that have a Specialist Copay for this benefit (subject to deductible, where applicable).

Pediatric Vision

Pediatric routine eye exams will be covered in full on all Non-Standard plans. Previously, this was covered at a Specialist copay (subject to deductible, where applicable).

Aggregation Design Updates

We heard you! And, we're introducing a new blended aggregation design that applies Family Aggregation to Deductible and Individual Aggregation to Out-of-Pocket Maximum to select Deductible HSA plans.

Reduced Cost Share for Univera Clear Options Gold

New for 2023, there will be a lower level 6 copay on the Univera Clear Options Gold plan for Small Groups! Introduced last year, Clear Options gives groups the benefit of the predictability of a copay plan – without the higher premiums. With transparent copay levels, first dollar coverage with no deductibles and coinsurance, free preventive care from day one, and much more!



In Addition, for Large Groups:

Dental Annual Maximum Rollover and Account Fund Matching

Groups enrolling in a Univera Dental Select dental plan with the Annual Maximum Rollover benefit will now be able to keep any accrued rollover account funds from another plan. We will match the funding members have with their previous carrier up to the Rollover Account Maximum.

Signature Suite Updates

We're focused on catering to the needs of businesses in an ever-changing market, that's why we're enhancing our popular Signature Suite with increased plan flexibility, providing even more ways to balance cost control and out-of-pocket expenses.

Active&Fit ExerciseRewards™

We will be updating our Active&Fit Exercise-Rewards program to count a fitness center visit as two points. Members that track their steps will continue to earn one point for 10,000+ steps in a day. Members are rewarded once they earn 100 points each 6-month period for working out at a qualifying fitness center or on their own* through their tracked steps. Maximum of two points per day will be allowable.

*At home workouts will not count as a workout, only the steps tracked during your workout may count towards rewards.

REMINDER! Univera Clear Options Plans are Available to all Large Groups

Introduced last year, Clear Options plans give groups the predictability of a copay plan – without the higher premiums. With transparent copay levels, first dollar coverage with no deductibles and coinsurance, free preventive care from day one, and much more! Clear Options is available to all Fully Insured and Self-Funded.

Talk to your account manager for more information on 2023 Open Enrollment.

